

A free guide to affording pet care, built after one cat's illness

Help My Pet helps pet families find care they can afford and raise money for it. Founder Sean Arenas started it after searching for help with his cat Quark's vet bills and hitting closed programs, bounced emails and help that didn't fit.

Why it matters

When a pet needs care that costs more than a family can pay, the usual advice is "look for a charity." Many lists of pet-care charities are out of date: programs pause, run out of money or change their rules, and families lose days applying to help that isn't available. Help My Pet checks each program on its own website, shows the date, and says when a program is paused or has a waitlist.

What it does

- Lists lower-cost clinics, help paying vet bills, spay and neuter, pet food and end-of-life support in all 50 states and Washington, D.C.
- Builds free fundraiser pages for pets: the pet's story, the family's GoFundMe, and optional merch with the pet on it
- Gives vet hospitals a free welcome page and lobby flyer for their clients

Quark's story, in brief

Sean adopted Quark in 2012 from the Downey Animal Shelter, a tiny sick kitten the staff expected to live only days. Sean nursed him back to health, and Quark was his best friend for 14 years. In August 2026 Quark became ill; an MRI pointed to an aggressive tumor. Help My Pet launched September 22, the day of Quark's oncology appointment. Quark died September 25, 2026, with Sean beside him.

"It isn't a limit of love. It's a limit of money. That's the moment Help My Pet is for." — Sean Arenas

Key facts

- **Founded:** September 22, 2026
- **Founder:** Sean Arenas, Covina, California
- **Coverage:** 50 states + D.C., 550+ programs, plus local guides for Southern California, Greater Houston and Fresno
- **Cost:** free for families and listed organizations
- **No** ads, accounts or paid placements
- **Supported by:** a share of merch sales and some product links
- **Heard on:** Cattitude, Pet Life Radio

Available for interviews

Sean Arenas, founder. Topics: finding help with a vet bill, why charity lists go stale, fundraising for a pet, losing Quark.

Media kit and contact

Photos, logos and this fact sheet:
helpmypet.us/press

Interview requests: **helpmypet.us/contact**

Help My Pet is free and independent. Listings reflect each program's own website on the date shown; programs change, so families should confirm with the provider.